

Lifeline Metric - Emergency: 911 - SAG: 410-440-0279

| Dist | Type | Note | Next |
|------|------|---|------|
| 0.0 | ▶ | Start of route | 0.0 |
| 0.0 | □ | Follow marked path through park | 0.4 |
| 0.4 | ➔ | R | 0.5 |
| 0.8 | ➔ | R onto path | 0.6 |
| 1.5 | ➔ | R toward B&A Trail | 0.0 |
| 1.5 | ➔ | R onto B&A Trail | 7.9 |
| 9.4 | ← | L onto Boulter's Way | 0.6 |
| 10.0 | ➔ | R onto MD-450 | 1.1 |
| 11.1 | ↑ | Cross Severn River Bridge | 0.4 |
| 11.6 | □ | Caution! - lane narrows | 0.5 |
| 12.1 | ← | L onto MD-450/King George St | 0.9 |
| 13.0 | ➔ | R onto Randall St | 0.2 |
| 13.2 | ↑ | At the traffic circle, continue around to Compromise St | 0.3 |

13.2 miles. +403/-522 feet

| Dist | Type | Note | Next |
|------|-------|--|------|
| 13.4 | □ | Caution metal bridge. Walk bikes if wet! | 0.3 |
| 13.8 | ➔ | R onto Bay Ridge Ave | 0.4 |
| 14.1 | ↑ | Keep straight to stay on Bay Ridge Ave | 0.9 |
| 15.0 | ← | L onto Victor Pkwy | 0.1 |
| 15.1 | ➔ | Bear R to stay on Victor Pkwy | 0.2 |
| 15.3 | ↑ | Caution! - keep R through bollards | 0.1 |
| 15.4 | ← | L onto Georgetown Rd | 0.3 |
| 15.7 | ➔ | R onto Windwhisper Ln | 0.1 |
| 15.8 | ➔ | R onto Yachtsman Way | 0.1 |
| 15.9 | ➔ | R onto Edgewood Rd | 0.5 |
| 16.4 | ← | L onto Bay Ridge Rd | 1.2 |
| 17.6 | ➔ | R onto Herndon Ave | 0.5 |
| 18.1 | 🍴 🚻 | Rest stop - Bay Ridge Pool Club (open 8a-10:30a) | 0.0 |

4.9 miles. +145/-122 feet

| Dist | Type | Note | Next |
|------|------|------------------------------------|------|
| 18.1 | ➔ | R out of rest stop | 1.5 |
| 19.6 | ← | L onto Sands Ave | 0.1 |
| 19.7 | ← | L onto E Lake Dr | 0.9 |
| 20.6 | ➔ | R onto Farragut Rd | 1.6 |
| 22.2 | ➔ | R onto Edgewood Rd | 0.5 |
| 22.7 | ← | L onto Yachtsman Way | 0.1 |
| 22.7 | ← | L onto Windwhisper Ln | 0.1 |
| 22.9 | ← | L onto Georgetown Rd | 0.3 |
| 23.1 | ➔ | R onto Victor Pkwy | 0.1 |
| 23.3 | ↑ | Caution! - keep R through bollards | 0.3 |
| 23.5 | ← | L to stay on Victor Pkwy | 0.1 |
| 23.6 | ➔ | R onto Bay Ridge Ave | 0.4 |
| 24.0 | ← | L onto Tyler Ave at light | 0.3 |
| 24.3 | ↑ | Continue on Hilltop Ln | 0.7 |
| 25.0 | ➔ | R onto Boxwood Rd | 0.2 |
| 25.2 | ← | L onto Silopanna Rd | 0.2 |

7.2 miles. +230/-227 feet

| Dist | Type | Note | Next |
|------|------|---|------|
| 25.4 | ← | L to stay on Silopanna Rd | 0.2 |
| 25.6 | ➔ | R onto Spa Rd | 0.5 |
| 26.1 | ← | Slight L to stay on Spa Rd | 0.0 |
| 26.1 | ↑ | At the traffic circle, 2nd exit onto Taylor Ave | 1.0 |
| 27.1 | ← | L onto Ridgely Ave | 1.2 |
| 28.2 | ← | L onto N Bestgate Rd | 0.3 |
| 28.5 | ➔ | R onto Bestgate Rd | 1.6 |
| 30.1 | ↑ | Continue straight onto Housley Rd | 0.5 |
| 30.6 | ↑ | Stay straight through circle | 0.2 |
| 30.8 | ➔ | R onto MD-450/Defense Hwy | 3.9 |
| 34.7 | ↑ | Stay straight on MD-450/Defense Hwy - metric and century routes diverge | 1.0 |
| 35.8 | ➔ | R onto Huntwood Dr | 0.8 |

10.5 miles. +408/-409 feet

Rest stop support ends at published times. All SAG support ends at 5:30pm.

| Dist | Type | Note | Next |
|------|------|---|------|
| 36.5 | ← | L onto Mt Tabor Rd | 1.1 |
| 37.6 | ↑ | At the traffic circle, 2nd exit onto Underwood Rd | 0.5 |
| 38.1 | ➔ | R onto Davidsonville Rd | 0.5 |
| 38.6 | 🍴 | Rest stop - Crofton Park (open 9a-3p) | 0.0 |
| 38.7 | ➔ | R on Davidsonville Rd leaving Crofton Park | 0.8 |
| 39.4 | ➔ | R onto Riedel Rd | 1.0 |
| 40.5 | ➔ | R onto Johns Hopkins Rd | 1.5 |
| 42.0 | ← | L onto St Stephens Church Rd | 0.8 |
| 42.7 | ➔ | R onto Severn Chapel Rd | 1.7 |
| 44.5 | ← | L onto Waterbury Rd | 0.4 |
| 44.9 | ➔ | R onto Millersville Rd | 0.5 |
| 45.4 | ← | L onto MD-178/Generals Hwy | 0.7 |
| 46.1 | ← | Bear L at fork | 0.2 |

10.3 miles. +399/-415 feet

| Dist | Type | Note | Next |
|------|------|---|------|
| 46.3 | ← | L onto Veterans Hwy (toward MD-3 S) | 0.1 |
| 46.4 | ➔ | Immediate R to stay on MD-3 S (cross under hwy) | 0.1 |
| 46.5 | ← | L on Jabez Run to stay on MD-3 S | 0.2 |
| 46.6 | ➔ | R onto Hog Farm Rd | 0.9 |
| 47.5 | ↑ | Continue onto Preakness Dr | 0.8 |
| 48.3 | ➔ | R onto Gambrills Rd | 0.3 |
| 48.6 | ← | L onto Dicus Mill Rd | 1.2 |
| 49.8 | ➔ | R onto Burns Crossing Rd | 2.4 |
| 52.2 | ➔ | R onto WB&A Rd | 3.5 |
| 55.6 | ➔ | R onto BWI Trail | 0.2 |
| 55.9 | 🍴 | Rest stop - Dixon Observation Area (open 10a-4:30p) | 0.0 |

9.8 miles. +441/-441 feet

| Dist | Type | Note | Next |
|------|------|---|------|
| 55.9 | ← | L out of rest stop and continue on BWI trail | 1.3 |
| 57.2 | ➔ | Hard R to stay on trail along Stewart Ave to go over overpass | 0.2 |
| 57.4 | ← | L to cross Stewart Ave to stay on trail | 0.0 |
| 57.4 | ↑ | Cross cul de sac to stay on trail | 1.0 |
| 58.5 | ➔ | R onto B&A Trail | 0.5 |
| 59.0 | ↑ | Cross Central Ave and Crain Hwy to stay on B&A Trail | 4.9 |
| 64.0 | ➔ | R off B&A Trail | 0.0 |
| 64.0 | ← | L to follow trail | 0.6 |
| 64.6 | ← | L onto Kinder Farm Park Trail and follow signs to finish | 0.8 |
| 65.5 | 🏁 | End of route | 0.0 |

9.6 miles. +323/-306 feet

Rest stop support ends at published times. All SAG support ends at 5:30pm.