













Dist	Type	Note	Next
0.0		Start of route	0.0
0.0		Follow marked path through park	0.4
0.4		R	0.5
0.8		R onto path	0.6
1.5		R toward B&A Trail	0.0
1.5		R onto B&A Trail	6.3
7.8		Rest Stop - Arnold Station and turnaround	6.3
14.2		L off the B&A Trail	0.0
14.2		L to stay on trail	0.6
14.9		L onto Kinder Farm Park Trail and follow signs to finish	0.5
15.3		L	0.4
15.7		End of route	0.0

15.7 miles. +454/-453 feet