

Dist	Type	Note	Next
0.0	📍	Start of route	0.0
0.0	↑	Follow marked path through park	0.4
0.4	→	R	0.5
0.8	→	R onto path	0.6
1.5	→	R toward B&A Trail	0.0
1.5	→	R onto B&A Trail	6.9
8.4	↑	Make a U-turn at Rest Stop	11.8
20.2	↑	Cross Crain Hwy and Central Ave to stay on B&A Trail	0.5
20.7	←	L to stay on trail	1.0
21.7	↑	Cross cul de sac to stay on trail	0.0

21.7 miles. +634/-709 feet

Dist	Type	Note	Next
24.7	→	Hard R to stay on trail along Stewart Ave to go over overpass	0.2
24.9	←	L and cross Stewart Ave to stay on trail	0.0
24.9	↑	Cross cul de sac to stay on trail	1.0
25.9	→	R onto B&A Trail	0.5
26.5	↑	Cross Central Ave and Crain Hwy to stay on B&A Trail	4.9
31.4	→	Hard R after bridge off the trail	0.0
31.5	←	L to stay on trail	0.6
32.1	←	L onto Kinder Farm Park Trail	0.5

8.8 miles. +239/-199 feet

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Dist	Type	Note	Next
21.8	→	Cross Stewart Ave and turn R to stay on trail	0.2
22.0	←	Sharp L after overpass to stay on trail	1.3
23.3	💧	Rest stop - Dixon Observation Area (open 10a-4p) and turn around	0.0
23.3	ℹ	Note: To extend the ride to 40 miles, follow the BWI trail loop signs clockwise and rejoin the route at Stewart Ave continuing straight over the overpass (mile 23.6 on this sheet)	1.3

1.6 miles. +75/-26 feet

Dist	Type	Note	Next
32.5	←	L onto Perimeter Trail	0.4
32.9	📍	End of route	0.0

0.8 miles. +48/-6 feet